Please check one 5K Competitive Run \_\_\_\_\_\_

5K Recreational Run/Walk \_\_\_\_\_\_\_\_

GENDER (circle) M or F AGE (as of 5/09/20) \_\_\_\_\_\_\_\_

SHIRT SIZE (circle) YOUTH: YS YM YL ADULT: S M L XL XXL

WAIVER-In consideration of the acceptance of my entry, I hereby waive on behalf of my heirs, executors and assigns, all claims of any nature arising from my participation in the Blue Jay Jog N Jam 5k Run/Walk and do hereby release St Joseph Consolidated School, VORA Park, and all sponsors, workers, officials, and volunteers from any claim arising from my participation in this event. I agree to abide by all the rules for participation and acknowledge the Committee may refuse or return my entry at its discretion. I understand the risks for such a run and trained adequately in preparation. I further grant the aforementioned the right to use any photographs, videos, recordings or any other record of the event for legitimate purposes.

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PARTICIPANT SIGNATURE DATE

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PARENT SIGNATURE (IF UNDER 18)

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EMERGENCY MEDICAL CONTACT NAME (ON RACE DAY)

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EMERGENCY MEDICAL CONTACT PHONE NUMBER

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EVENT DETAILS

**ENTRY FEE**

All entries include pre & post-race picnic.

Pre-registration includes t-shirt

Pre-Registration

$30 Adult/ $15 Child (15 and under)

Must register online or received by 4/9/20 to guarantee a shirt.

Race Day Registration

$35 Adult / $20 Child (15 and under)

Please make checks payable to SJCS PTO

Fill out one form per person & mail to:

St Joseph School PTO

925 South Second St

Hamilton, OH 45011

Online registration is available for a nominal fee at <https://runsignup.com/Race/OH/Hamilton/SJCSJogNJam>

**RACE DAY INFO**

8:00 am – Registration Opens

8:30 am – Kids Fun Run

9:00 am – 5K Run/Walk

Certified Course – All participants chip timed, race clock at finish & staggered start

Cash Prize - Top 3 Overall Male & Female

Medals - Top 3 Runners in each

Division (male and female): 11-15,

16-19, 20-29, 30-39, 40-49, 50-59, 60+

Please NO Pets, Bikes, Rollerblades, etc.

\*Adult must be Present at race for all participants age 10 or younger \*

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**QUESTIONS**

Contact SJCS PTO at jognjam5k@gmail.com or

St Joseph School at 513-863-8758

**REGISTRATION FORM**

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NAME

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ADDRESS

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CITY STATE ZIP

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EMAIL ADDRESS

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PHONE NUMBER

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Vora Technology Park

101 Knightsbridge Drive, Hamilton, OH 45011

5K Run/Walk

Hosted by SJCS

May 9th, 2020

10th Annual JOG N JAM

